



NEW ZEALAND
IMMIGRATION

A guide
for Pacific
migrants

Making your move to New Zealand a success



MINISTRY OF BUSINESS,
INNOVATION & EMPLOYMENT
HĪKINA WHAKATUTUKI

immigration.govt.nz

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Tips and Information

- Key tips and information in each section of this booklet are highlighted using the symbols below.

TIP



**Contact
information**

Welcome to New Zealand

Moving to another country is a big step. Immigration New Zealand wants you to settle well into your new life in New Zealand.

This brochure has useful information about living and working in New Zealand.

But, before you leave the Pacific, remember to bring these important documents with you to New Zealand for you and your family:

✓ CHECKLIST

- Your passport with New Zealand visa
- Plane tickets (the name on your ticket should be the same as your name in your passport)
- Departure Card (you get this at the airport)
- Money for your time in New Zealand before your first pay
- List of telephone contact numbers for home and New Zealand
- Birth certificates
- School qualifications
- Drivers licence (if you have one)
- Marriage certificates if you are married
- Reference letters from previous employers
- Employment agreement (you must have one for a New Zealand job)
- New Zealand arrival card and New Zealand Customs Declaration form (you will get this on the plane)

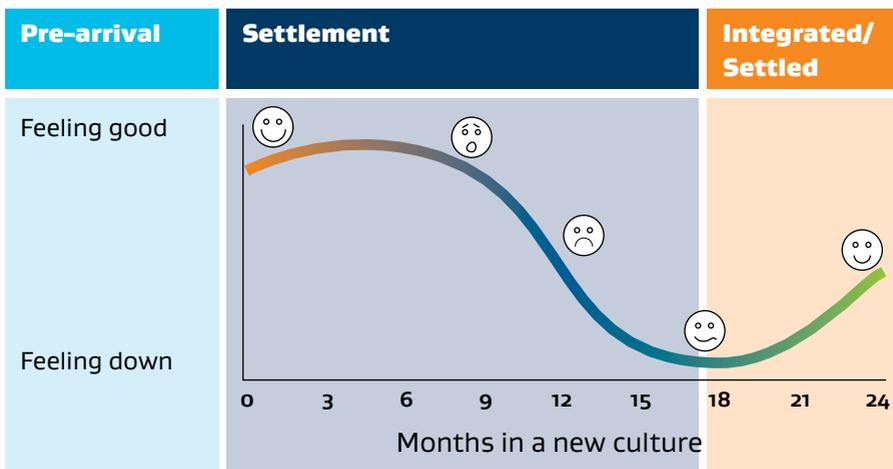
All documents must be originals, not copies. If they are not in English they must have a certified translation.

Remember, there is more than paperwork to prepare for. Living in New Zealand will be different.

When you arrive, remember to contact your new boss because your new workplace will be waiting to hear from you!

Is it easy to settle in a new country?

All migrants go through a number of stages as they get used to their new life in a new country. It can take up to two years to feel settled.



- ☺ Arriving in New Zealand, you feel excitement. Everything is so different and new. It's **FUN!**
- 😬 Then a bad experience may give you a **FRIGHT**. Living in another country is not as easy as you thought.
- ☹ You may **FEEL DOWN** (in a low mood) and feel very homesick.
- ☺ This is the time when you **FACE UP** to the challenges of a new country and get support to help you achieve your goals.
- ☺ You will then more easily **FIT** into living here.

It will be easier if in your country you **PREPARE** for living and working in New Zealand. Do your research and make sure your hopes and plans are realistic!

TIP

- › Talk with family and other Pacific migrants about the settlement journey shown on page 2. See if their experience was similar. Know what to expect.

“Sometimes it’s the little things that challenge you in a new country. I remember not knowing how to get on to the escalator when I first arrived at the airport.”



TIP

- › Tell your workmates and others about how you feel. It can help.

TIP

- › Find out about support that can help you settle in New Zealand.



Need more information?

Call 0508 558 855 (ask for Language Line in your language), visit www.newzealandnow.govt.nz, or email newmigrantinfo@mbie.govt.nz.

For local services and information workshops see www.newzealandnow.govt.nz/local

Where can I get help for me and my family to settle into our new life in New Zealand?



Information to help you settle

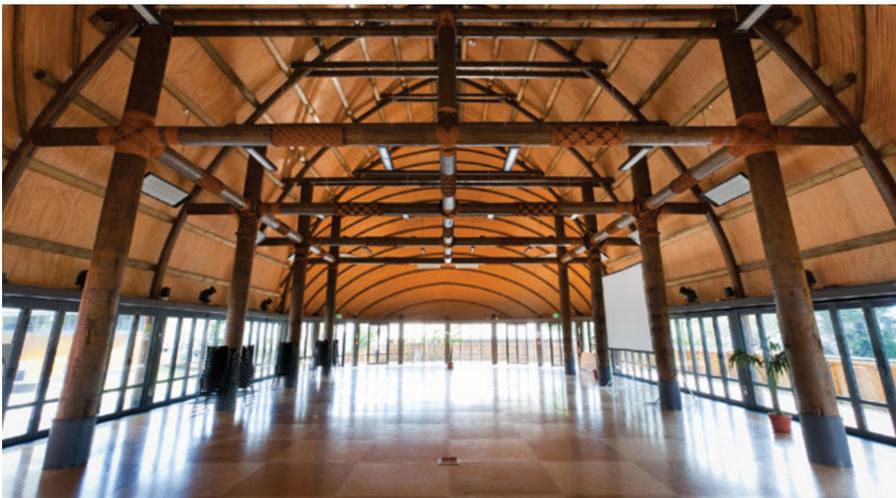
Immigration New Zealand provides new migrants with trusted information about local services that can help you settle in New Zealand. You can use these services for information like where to find a doctor, schools for your children, sports clubs and community groups that you and your family can join.

There are four ways to find this information:

- › Visit www.newzealandnow.govt.nz
- › Phone 0508 558 855 to ask your settlement questions (you can ask for ‘Language Line’ to speak to someone in your own language)
- › Email your question to newmigrantinfo@mbie.govt.nz
- › Visit a Citizens Advice Bureau in one of 30 areas. For local contact details visit: www.newzealandnow.govt.nz/local

Building your life in New Zealand

When you build a house, it is most important that the foundations are strong.



Fale Pasifika, The University of Auckland

When you come to your new life in New Zealand, strong foundations are also important.

A job is your foundation. A job gives you the income to build and support your life here. Your employment agreement between you and your boss is the foundation for your safety and rights at work.

Your Pacific community is an important support in your new country. But, the New Zealand government also provides support. Visit **www.newzealandnow.govt.nz** or phone 0508 558 855 with your questions. You can go to your local CAB for help with your questions – find the nearest office at **newzealandnow.govt.nz/local**.

Work is your foundation

**But it is not easy to work in a new country.
Here are some tips from other Pacific migrants.**



Not everyone works like New Zealanders

Everyone works in different ways. You will need to get used to the way New Zealanders work. You may also have to work with people from other countries. But first, think about how you work.



 A New Zealander would be more likely to say the statements in these colours.

What about my English?

Listening

Kiwis speak English very fast. They often use informal language and a lot of local expressions like 'bring a plate,' 'icing on the cake,' 'bro,' 'sweet as' and "good as gold."

Ask them to slow down and explain the words that you don't understand. You will soon find it much easier to follow what they are saying.

Speaking

Don't be shy to speak English. Kiwis are keen to help. When you speak English your new workmates may find it difficult to understand you to begin with. Pacific people speak English quietly, but if you speak louder, and take longer pauses, it will help.

English Language Skills

"Practice makes perfect." If you don't feel confident, read the newspaper, magazines, talk more to your workmates or take an English language course in your community.

Talk to your employer if you want help with your English or contact your local CAB for advice about classes near you.



English Language Partners (ELP) is a nationwide service with English programmes for Permanent Residents in 23 locations throughout New Zealand. Some of these programmes are free. Their English for Employees programme helps people with the English used at work. It's free – but you must be working full or part-time to join this programme. www.englishlanguage.org.nz

TIP

- › Look for opportunities to speak English, at work and outside of work. The more you speak English, the easier it will be for others to understand you.



TIP

- › Even when you feel shy, be brave and say, "Excuse me – can you help me?" Most Kiwis are happy to help, but think it's more polite to wait until they are asked.



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